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Williams in hearts, minds

More details on his death, plus reflections on his career and legacy PAGES 10, 13 & 14

City curbing gun violence

Figures show improvement after city cited by StatsCan for high incidence PAGE 6



EASY COME, EASY GO

STUDENTS SET UP SCAVENGER HUNT FOR CASH — WITH THE CAVEAT THAT YOU SPEND SOME ON A GOOD CAUSE PAGE 4



SEEKING SOLACE AND ANSWERS

Supporters lay candles and glow sticks after a vigil for Catherine (Catie) Miller at Grand Parade in Halifax on Tuesday night. Miller, a Dartmouth woman, has been missing for almost a month, and police are trying to figure out what happened to her. Story, page 3.

JEFF HARPER/METRO

The boys are back

Halifax Mooseheads. Team returns to ice for QMJHL training camp



KRISTEN LIPSCOMBE
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Veteran forward Ryan Falkenham has some friendly advice for rookies who will step onto Halifax Mooseheads ice for the first time on Wednesday.

"Don't be shy, and work your tail off," the 18-year-old Haligonian said Tuesday — registration day for this year's training camp at Cole Harbour Place.

The camp includes morning practices and afternoon intrasquad games Wednesday through Friday. The week culminates with the team's pre-season opener against the Saint John Sea Dogs on Saturday.

"Do what you've always been told," the fourth-year player advised. Falkenham himself had guidance from older players such as former Moosehead Brent Andrews when he first took to the ice with the QMJHL franchise.

Fellow forward Vince Watt, who is starting his second season, agreed it's important new players are "ready to work when (they) come in every day."

"If they make it or not, it's a great experience," the 18-year-old from Montreal said.

These vets follow their own advice and don't take their roles on and off the ice lightly.

"You feel a lot of pressure … to perform," said Watt, who notched three goals and five assists in 43 games last season. "So you've gotta be ready for that."

After winning the QMJHL and Memorial Cup titles in 2013, the Mooseheads were knocked out of the playoffs last season in a hard-fought series against the Val-d'Or Foreurs.

MORE COVERAGE, PAGE 22

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‘Dear God, just bring her home safe’: Catie’s mom

Hoping for the best.
Catie Miller’s parents, friends speak about missing Dartmouth woman during candlelight vigil



HALEY RYAN
haley.ryan@metronews.ca



A large crowd of friends, family and supporters gathered at Grand Parade Tuesday night for a vigil for Catherine (Catie) Miller. Inset: Catie Miller.
JEFF HARPER/METRO; INSET/CONTRIBUTED

The mother of a missing Dartmouth woman spoke through her tears to a large crowd in Halifax’s Grand Parade, a paper shaking in her hand as lights around the courtyard came on in the gathering dusk.

“Everything has lost its colour since she is not here. I miss my daughter ... I feel like I am nothing without her,” said Terry Miller Tuesday night.

“Dear God, just bring her home safe,” she said before walking off the stage, a friend’s arm around her.

Catherine (Catie) Miller, 29, has been missing for nearly a month. She was last heard from on July 15 when she texted from her Dartmouth apartment and called a cab. Police say they do not suspect foul play.

The crowd of hundreds wore glow sticks around their wrists, held candles and sung On Eagle’s Wings and Amazing Grace while Terry and one of Catie’s friends shared stories.

She was a generous person who loved sushi, rap music and baking. She was passionate about social justice issues as well as being an electrician, her mother said.

John Miller, Catie’s father, said police recently recovered a cellphone in Dartmouth connected to her disappearance and is hoping this could move the case forward, although it adds “additional concern” if it is hers.

He said the vigil was a way to find solace in prayers and song, as well as keeping Catie’s case in the public eye so more people come forward with information.

Quoted

“No one realizes until you lose a child, what the pain is like. It never leaves. It is just constantly there like a weight on your heart.”

Terry Miller, mother of Catherine (Catie) Miller

John said he recently saw Catie’s three-year-old son, Oliver, who is “bright” and happy, but wondered whether Oliver would ever see his mother again.

“That’s a very, very tough thought to have going through your head,” John said quietly before the vigil.

Rev. Ida Armstrong-Whitehouse led the crowd in prayer and reflection, speaking about the importance of supporting Catie’s family through their time of uncertainty and the “storm of life.”

“We support you, Miller family,” the crowd chorused at the end of the vigil, before many stepped forward to hug John and Terry, or left candles among the picture frames of Catie.



Scavenger hunt wants you to find cash, pay it forward

Saturday. Cards worth a total of $300 hidden between Robie, South and Cunard streets



HALEY RYAN
haley.ryan@metronews.ca

Two Saint Mary's University students are making it a little easier to show some kindness around Halifax.

Dylan Smibert and Blaine Mackie, two industrial organizational psychology master's students behind the new Altruistic Current group, are hosting a Cash Hunt this Saturday, where anyone can sign up to search for cards hidden around the city that equal $20, $50 or $100 bills when claimed.

There's just one condition: Use part of your newfound cash for a random act of kindness.

"We say the act is more valuable than the reward, so we're providing people the opportunity to do something nice," Smibert said Tuesday.

Mackie, 23, said the event is the first of many monthly projects, such as bills folded in origami shapes and dropped around Halifax to promote the pay-it-forward mentality, shown by buying a stranger coffee or donating to a charity.

The hunt starts at 9 a.m., and participants can follow Altruistic Current on Facebook and Twitter for clues about each of the eight card sites located within a seven-kilometre area between Robie, South and Cunard streets.

Smibert, 27, said $300 is available for the day, and though he donated most of the cash himself, $100 was raised through crowdfunding online. He hopes the cash pool will be even bigger next month.

"In my life I've always been looking at self-centred goals. You go to school, try and get really high marks … get into university," Smibert said.

"I don't really have a lot of goals that are other-people-based … or bigger than myself, so I started thinking, 'How can I give back?'"

As Mackie is from Ontario and Smibert from Alberta, both men said the project is a way to give back to the "friendly" community that has welcomed them as students.

Although Smibert said there's no way to force someone to spend the money on a kind act, there's some social pressure because the winners will have their photo taken and be asked what they plan to do with their cash.

"I think a lot of people are good given the opportunity," Smibert said.

More online

Go to altruisticcurrent.com or the Altruistic Current Twitter and Facebook pages for more details.



Dylan Smibert, left, and Blaine Mackie pose with bills at Saint Mary's University on Tuesday. The Cash Hunt takes place this Saturday in downtown Halifax. JEFF HARPER/METRO

Baby safe after lightning believed to have hit playpen



One-year-old Jaxen Cormier is shown in his playpen in this image taken by CTV Atlantic. COURTESY CHARLOTTETOWN GUARDIAN

Some might call it a miracle. Others might call it luck.

However one chooses to view what happened to a Summerside, P.E.I., family on their Cape Breton vacation last weekend, the story is simply amazing.

Summerside lawyer Jeffery Cormier, his wife Jessica and their three children were staying at a summer tourist home in South Harbour on the Cabot Trail when it was struck by lightning.

What they did not know at that moment was that in another room of the house where their one-year-old son, Jaxen, was asleep in his playpen, lightning had wreaked havoc but miraculously left Jaxen unharmed.

Quoted

"Somebody was watching over us."
Jessica Cormier

The electrical energy from the lightning that struck the house knocked a telephone off of its base, fried a power bar and obliterated an Internet router, sending pieces of metal and plastic flying into the child's playpen but missing him completely.

Jessica Cormier said the lightning that struck the house was followed by a large clap of thunder.

Believing Jaxen would likely wake from his sleep, she went to his room.

What she found when she opened the door was frightening.

"I went in to check on him, thinking he might be awake now," Cormier said. 'When I opened the door, the room was full of smoke and I could smell burning plastic. I quickly ran to the playpen, scooped him up and ran out of the room, yelling at other people to get out, that there was a fire."

They quickly checked Jaxen over to see if he was OK and he was. In fact, he had slept through the whole ordeal.

When she went back into the house some time later to check things out, what Cormier saw was hard to believe.

There were two good-sized holes in Jaxen's playpen, where it is believed the lightning hit the playpen.

Scattered inside the playpen were pieces of plastic and metal fragments from the router.

CHARLOTTETOWN GUARDIAN

Crime

Man fined for lying about truck theft

A man has been fined $1,500 for lying to police about his truck being stolen.

Kyle Allen Francis, 27, of Pictou Landing, called police on March 30 to report that his half-ton truck had been stolen, but shortly after RCMP received this call, they received a second call from another person saying the same truck had smashed into a power pole.

Francis told police the truth after they relayed this information to him. He said he'd stayed at a party the night before and driven home in the morning. He panicked when he got into the accident and lied to police about it being stolen.

NEW GLASGOW NEWS

Crime

Charges laid in attempted robbery

Police have charged a 30-year-old man in connection with an attempted robbery at a gaming establishment this past weekend.

RCMP in Millbrook say a man walked into the business on Willow Street Saturday night wearing all-black clothing and a motorcycle helmet.

He took out a knife and demanded money, but after talking with a clerk, he left the business empty-handed.

On Monday, police arrested Brian Dean Mart of Millbrook and charged him with attempted robbery, wearing a disguise during an offence, and possession of a weapon dangerous to the public.

METRO

Crime

Inmates remanded in beating case

Five inmates charged in the stabbing and beating of a Cape Breton man made brief provincial court appearances Tuesday and were remanded back to jail.

The five are charged in the June 21 attack on Thomas Ted Barrett, 39, of Glace Bay, who is awaiting trial on two counts of second-degree murder along with other charges including armed robbery and attempted murder.

Barrett was stabbed some 40 times and kicked and punched at the Central Nova Scotia Correctional Facility in Dartmouth.

The five are charged with attempted murder, aggravated assault and assault with a weapon. CAPE BRETON POST

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Lower Sackville. Driver steps on gas, not brake, smashes into gas station

Police say a car smashed into a Lower Sackville gas station on Tuesday afternoon when the driver stepped on the gas, instead of the brake, in a parking spot.

The accident happened at the Esso at 810 Sackville Dr. around 1 p.m.

"Everyone is still in shock," said a manager at the station shortly after the accident. The car smashed into the front of the store, leaving a sizable dent. A tow truck later arrived to take away the car, which had front-end damage.

RCMP spokesman Cpl. Greg Church said the driver, a 77-year-old woman, wasn't injured and no charges are pending. **PHILIP CROUCHER/METRO**



Workers examine the damage Tuesday. JEFF HARPER/METRO

Kimberly McAndrew. Cops look for new info 25 years after woman disappeared

Police are looking for new information in the disappearance of Kimberly Ann McAndrew, 25 years after she was last seen.

McAndrew, 19, left the Canadian Tire on Quinpool Road where she worked as a cashier on Aug. 12, 1989, around 4:20 p.m. Police say there were unconfirmed reports she was last seen at the Gardenia Flower Shop in Dartmouth's Penhorn Mall, where an employee at the shop said McAndrew bought a balloon and a rose.

McAndrew was wearing pleated navy slacks, a white Esprit T-shirt with red and green squares, large navy cardigan and green loafers when she disappeared. This case is part of the Nova Scotia Department of Justice Rewards for Major Unsolved Crimes, where $150,000 is available for information leading to the conviction of those responsible for McAndrew's disappearance. **METRO**



Kimberly McAndrew CONTRIBUTED



Police collect evidence after shots were fired on Isleville Street in Halifax last year. JEFF HARPER/METRO

Gun crime dropping

Targeting firearms.
Halifax police credit community input, new specialized response units and intelligence-based analysis

Police figures suggest that the Halifax Regional Police chief was correct when he asserted earlier this year that gun crime is on the decline in Halifax.

Halifax Regional Police Const. Pierre Bourdages said Tuesday there have been 16 confirmed shootings in HRM this year, with another two under investigation.

At this time last year, there were 27 confirmed shootings with two under investigation.

"We are putting pressure on the criminal element and we're following up with all the details and every lead we have about people being armed with guns," said Bourdages.

In April, Statistics Canada released a report suggesting that — based on 2012 figures — Halifax had the highest number of firearm-related violent incidents in Canada, with 41 per 100,000 population.

A firearm-related violent incident refers to any crime in which any firearm is used, whether it's a pellet gun or sawed-off shotgun.

HRP Chief Jean-Michel Blais said at the time of the report's release that gun-related crimes and homicides have fallen steadily in Halifax since 2012, while the number of guns seized by police has climbed.

Shootings since 2012

- **56:** Total number of shootings in HRM in 2012
- **53:** Number of shootings in HRM in 2013
- **16:** Number of shootings in HRM so far in 2014

He cited both the success of the specialized Guns and Gangs unit, formed in 2011, and community-based programs that have resulted in more family members intervening when young men start carrying weapons.

Bourdages said the predictive Comstat model of analysis has also helped members of both Guns and Gangs and the Quick Response Units get guns off the streets.

"We are actively involved in curbing the cycle of violence," he said. "Where we have information about firearms being in the community, we act on the information and it has often led to a search warrant being executed and a weapon recovered."

Of the 16 confirmed shootings this year, nine were acts of intentional violence directed at another person, compared to 23 of 27 in 2013.

"The vast majority are people involved in the criminal element," said Bourdages. **RUTH DAVENPORT/METRO**

2014

SUPREME COURT OF NOVA SCOTIA — Hfx No. 427328

BETWEEN:

The Toronto-Dominion Bank — PLAINTIFF

- and -

John Frederick Oickle and Carol Ann McLeod — DEFENDANT

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Pride goes back in time at fortress

Louisbourg. Youth get to learn and party at workshops, ghost tour, dance, parade and more



Drag queen Rouge Fatale was part of the military procession at the Fortress of Louisbourg on Tuesday and later got to fire off the cannon. CAPE BRETON POST

The 21st-century pride of Cape Breton's lesbian, gay, bisexual, transgender and queer community came alive in 18th-century Louisbourg on Tuesday.

The Fortress of Louisbourg hosted a diversity day, highlighted by a parade through its historic streets and a cannon firing by drag queen Rouge Fatale, as Pride Week festivities continue across the island.

Serena Matheson, co-chair of Pride Cape Breton and the Gender Sexuality Alliance adviser at Riverview Rural High School, said the first-time event at Louisbourg was focused on youth.

"We've got about 40 students out here ranging from Grade 7 to post-secondary, so for the first initial one, those numbers are exciting to me," she said. "And I think it's just going to explode next year, once people start talking about how much fun they had and the things that they got to do."

The celebrations kicked off with a ghost tour and dance party Monday night, followed by an overnight camp-out at the site, then continued throughout the day Tuesday with workshop sessions, a parade to the King's Bastion, the cannon firing, a picnic and barbecue in the King's Garden, a reading of Madonna Doucette's Rainbow Carnations play, a performance by Rouge Fatale and an open mike.

And while the event was lots of fun, there was also an educational component.

"They had two workshops Monday," said Matheson. "One was on what can you do to help your (Gender Sexuality Alliances) in your schools become successful, what sorts of ideas can you bring to your schools, and the other was a transgender information session."

Drag queen performer Elle Noir, a native of Glace Bay, was part of Tuesday's celebrations at Louisbourg and returns home for Pride Week festivities each summer.

"Even in the middle of Louisbourg, we have close to 50 people out here to march with us, so it's getting bigger and better and it's making us feel a little bit better that we can come back and share with our family and community," Noir said. CAPE BRETON POST

Turnout

"I think it's just going to explode next year, once people start talking about how much fun they had."

Serena Matheson, co-chair of Pride Cape Breton and the Gender Sexuality Alliance adviser at Riverview Rural High School

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Pictou mill's emissions cannot go on: Minister

Nova Scotia's health minister says the level of emissions from the Northern Pulp mill can't continue over the long term.

Leo Glavine says modern mills do not spew effluent or substances into the air to the degree seen recently at the Pictou mill.

"I'm very familiar with the daily operations of several mills … and there is nothing comparable to what is happening in Pictou," he said in an interview on Tuesday.

Glavine says he hopes to see an improvement in emissions during a September shutdown at the mill and he expects a dramatic improvement once the facility gets a new precipitator in place next year.



Northern Pulp Mill NEW GLASGOW NEWS

"There's a lot of work to be done," he said.

"In the short term I think we'll see some improvement this fall, but the precipitator is definitely the answer."

Tests conducted last year showed the mill was producing emissions that were 78 per cent above legal limits.

The company says there has been a 25 per cent improvement in particulate levels since then and a new round of testing is slated to begin on Monday.

Glavine says he hopes to get test results earlier than usual so he can consult on possible next steps with the Environment Department, which is responsible for regulations governing the mill's emissions.

Glavine has said there are no imminent health threats as a result of the problems at the mill. THE CANADIAN PRESS

Gulf of St. Lawrence

Blue whales face pitiful birth rate, says eco group

Sierra Club Canada says a study of blue whales in the Gulf of St. Lawrence indicates alarmingly low calving rates for the endangered species.

The organization says the non-profit Mingan Island Cetacean Study has followed blue whale populations in eastern Canada, the Sea of Cortez and in the waters of Iceland for the past 35 years and has identified 475 individual whales.

The study says that population has only produced 22 calves.

The Department of Fisheries and Oceans estimate there are fewer than 250 adult blue whales left in the northwest Atlantic population today.

THE CANADIAN PRESS

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Forte SX shown△ hwy / city 100km*: 5.3L/8.0L

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Screen legend Bacall dead at 89

1924-2014. Star of stage and screen, and Humphrey Bogart's partner on and off the screen, was among the last of the old-school Hollywood stars

Lauren Bacall, the slinky, sultry-voiced actress who created on-screen magic with Humphrey Bogart in To Have and Have Not and The Big Sleep and off-screen magic in one of Hollywood's most storied marriages, died Tuesday at age 89.

Bacall, whose long career brought two Tonys and a special Oscar, died in New York. The managing partner of the Humphrey Bogart Estate, Robbert J.F. de Klerk, said that Bacall died at home, but declined to give further details. Bacall's son Stephen Bogart confirmed his mother's death to de Klerk.

She was among the last of the old-fashioned Hollywood stars and her legend, and the legend of "Bogie and Bacall" — the hard-boiled couple who could fight and make up with the best of them — started almost from the moment she appeared on screen.

A fashion model and bit-part New York actress before moving to Hollywood at 19, Bacall achieved immediate fame in 1944 with one scene in her first film, To Have and Have Not.

Leaving Bogart's hotel room, she murmured: "You don't have to say anything, and you don't have to do anything. Not a thing. Oh, maybe just whistle. You know how to whistle, don't you, Steve? You just put your lips together and blow."

She was less than half Bogart's age, yet as wise and as jaded as him. Her sly glance, with chin down and eyes raised, added to her fame; she was nicknamed "The Look." Bogart and Bacall married amid headlines in 1945, and they co-starred in three more films, The Big Sleep (1946), Dark Passage (1947) and Key Largo (1948). Their marriage lasted until Bogart's death from cancer in 1957.

She appeared in movies for more than a half-century, but not until 1996 did she receive an Academy Award nomination — as supporting actress for The Mirror Has Two Faces. She lost to Juliette Binoche.

She finally got a statuette in November 2009 when she was presented with a special Oscar at the movie academy's new Governors Awards gala.

"The thought when I get home that I'm going to have a two-legged man in my room is so exciting," she quipped.

When her movie career faded, Bacall returned to the theatre. She starred in the hit comedy Cactus Flower and stepped lively in Applause, a musical version of the classic movie All About Eve that brought her first Tony in 1970.

She got the second Tony in 1981 for Woman of the Year, based on a film that starred her idol, Katharine Hepburn. She enjoyed another triumph in London with Sweet Bird of Youth in 1985.

When the American Film Institute compiled its list of screen legends in 1999, Bacall ranked No. 20 on the roster of 25 actresses. Bogart topped the list of actors.

THE ASSOCIATED PRESS

Life lessons

"I have learned that I am a valuable person. I have made mistakes — so many mistakes. And will make more. Big ones. But I pay. They are my own. ... I remain as vulnerable, romantic and idealistic as I was at 15, sitting in a movie theatre, watching, being Bette Davis."

Lauren Bacall, from her 1978 memoir, By Myself



This February 1950 photo shows Lauren Bacall with her husband, actor Humphrey Bogart, at the Stork Club in New York. Bacall, the sultry-voiced actress and Bogart's partner off and on the screen, died Tuesday in New York. She was 89. THE ASSOCIATED PRESS FILE

Actor Robin Williams hanged himself with a belt, police say

Authorities detailed Robin Williams' final moments Tuesday, saying the actor and comedian hanged himself with a belt in his San Francisco Bay Area home.

Marin County Sheriff's Lt. Keith Boyd said Williams was last seen alive by his wife Sunday night when she went to bed. She woke up the next morning and left, thinking he was still asleep.

Shortly after that, Williams' personal assistant came to the home and became concerned when Williams failed to respond to knocks at a door. The assistant found the 63-year-old actor dead in a bedroom and called police.

Boyd said all evidence indicates Williams took his own life. But he said a final ruling will be made once toxicology reports and interviews with witnesses are complete.



A woman takes a picture next to a sign written in chalk at a makeshift memorial outside the home where the 1980s TV series Mork & Mindy was set in Boulder, Colo., on Tuesday. BRENNAN LINSLEY/THE ASSOCIATED PRESS

The condition of the body indicated Williams had been dead for at least several hours, Boyd said. Williams also had superficial cuts on his wrist, and a pocketknife was found nearby.

Williams had been seeking treatment for depression, Boyd said. He would not say whether the actor left a suicide note.

THE ASSOCIATED PRESS

Ebola outbreak

Use of untested treatments is ethical: WHO

The use of untested Ebola treatments to help quell the current outbreak in West Africa is ethical, the World Health Organization said Tuesday.

But the Geneva-based global health agency said countries that use experimental treatments have a moral obligation to collect data so the world can learn what works — and which treatments to stop using, if any turn out to be unsafe.

The statement came following a daylong meeting Monday of an expert panel that the WHO convened to advise it on the thorny ethical issues of using experimental drugs in this outbreak.

THE CANADIAN PRESS

Study

Group alarmed by blue whales' low calving rates

The Sierra Club Canada says a study of the blue whale in the Gulf of St. Lawrence indicates alarmingly low calving rates for the endangered species.

The organization says the non-profit Mingan Island Cetacean Study has followed blue whale populations in eastern Canada, the Sea of Cortez and in the waters of Iceland for the past 35 years and has identified 475 individual whales.

The study says that population has only produced 22 calves.

The Department of Fisheries and Oceans estimates there are fewer than 250 adult blue whales left in the northwest Atlantic population today.

THE CANADIAN PRESS

New York

New law closes the shutter on 'tiger selfies'

Men in New York will have to find new ways to attract mates now that it's illegal to pose for photos with a tiger, lion or other big cat — a practice popular on online dating sites but denounced by wildlife advocates as potentially dangerous to both man and beast.

A law signed this week by Gov. Andrew Cuomo prohibits direct contact between members of the public and big cats at travelling animal shows and fairs. Animal exhibitors would face fines for each violation.

So-called "tiger selfies" have emerged as popular profile photos on online dating sites, with users looking to stand out by posting a photo of themselves with the dangerous predators.

THE ASSOCIATED PRESS

‘Prince of Pot’ back home

Marc Emery. Despite five-year U.S. prison sentence, pot advocate continues fight to legalize marijuana

Canada’s self-styled “Prince of Pot” returned to a raucous welcome from supporters in Windsor, Ont., Tuesday after serving his U.S. sentence for selling marijuana seeds, vowing to continue his activism even if it means more arrests.

Loud cheers and large clouds of pot smoke arose as Marc Emery, 56, arrived in the border city after completing his five-year sentence for selling marijuana seeds from Canada to American customers.

Emery hugged his wife, Jodie Emery, who wants to run in next year’s federal election for the Liberals — Leader Justin Trudeau supports legalizing marijuana — then launched into a long, pro-Liberal speech peppered with prison anecdotes.

“I do believe that they are sincere that they will legalize marijuana,” Emery said.

“I know it’s the most uncool thing in the world to have to say, especially to young people, that voting is the answer, but it is. It absolutely is.”

Legalization of marijuana, which Emery said should include expunging the record of everyone ever convicted of a related offence, is the only issue in the next election that can have a profound impact on Canadians’ lives, he said.

“Critics say, ‘Well, Canadians are interested in far more important things,’” Emery said. “I say, ‘What? What are you interested in? The economy? The environment? Health care? You can’t do anything about that by voting. No vote’s going to change that.’

“If we can get this Liberal majority government next year we’ll never need to go to the polls to make marijuana legal ever again,” he said.

THE CANADIAN PRESS



Marc Emery and his wife, Jodie, are surrounded by media and well-wishers as they walk near the border crossing in Windsor, Ont., Tuesday. Canada’s self-styled “Prince of Pot” has returned home after serving his U.S. sentence for selling marijuana seeds to customers across the border. GEOFF ROBINS/THE CANADIAN PRESS

Ford Nation

T.O. top cop Blair files suit against Doug Ford

Toronto’s police chief has filed a defamation notice against Mayor Rob Ford’s brother for comments the city councillor made earlier this month.

Doug Ford suggested two weeks ago that Chief Bill Blair helped leak information that police were preparing to subpoena the mayor in an ongoing investigation as “payback,” although he declined to elaborate on what he meant.

At the time, Blair said Ford was lying and warned he was prepared to take legal action.

On Aug. 1, the Toronto Star cited sources saying police were preparing to subpoena the mayor to testify at a preliminary hearing for his friend Alessandro (Sandro) Lisi, who is facing drug and extortion charges.

Doug Ford blamed the apparent leak on Blair, calling it politically motivated.

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Plant waters rule in grocery aisles

Why the new thirst?
Nutrition expert believes trend driven by interest in natural alternatives to soda

Coconut water, maple water, even birch and cactus waters…. A quick inventory of beverages in the produce section makes it clear — plant waters are rising.

Soda and non-fresh juice sales are flat or slipping slightly, but sales of plant-based products such as coconut water — along with other alternative beverages such as kombucha and tea-based drinks — are growing, particularly those sold alongside your fruits and veggies, according to data compiled by market research firm Nielsen.

Introduced several years ago, coconut water has been big for a while. Maple water is a newer entry and is essentially maple sap, the stuff that normally is boiled down to syrup. Brands include Vertical Water and SEVA. And that's not the only tree water on the market. There's also birch water and, on the plant side, cactus, barley and artichoke waters.

Sales of all waters, including the new products, "fitness" and enhanced waters, as well as regular sparkling and still, grew four per cent by value and nearly seven per cent by volume since July 2013.

Coconut water is not yet being tracked specifically, but totals for beverages in the produce department, which is where much coconut water is sold, showed double-digit growth. The value jump for all produce section beverages — which includes smoothies, fresh juices and teas as well as water — was nearly 13 per cent.



Why the sudden thirst? Nutrition expert and registered dietitian Tina Ruggiero sees it as a trend driven by the beverage industry's desire to find the next big thing, as well as consumers' interest in finding natural alternatives to soda. "This natural beverage market just presents a tremendous opportunity," she says. "There is a fight to create the next bestselling natural water."

THE ASSOCIATED PRESS



American airport taking greener route to solving deadly bird-strikes problem

An Ohio airport is experimenting with a new, gentler way to avoid bird strikes: planting tall prairie grass. Heavy birds like Canada geese — which caused US Airways Flight 1549 to force-land in the Hudson River in 2009 in the so-called Miracle on the Hudson — are believed to avoid long grasses because they fear predators might be hiding within. Dayton International Airport hopes to complete planting the tall prairie grass under the takeoff and landing paths by the end of this year. PHIL INGLIS/GETTY IMAGES FILE

Home decor trio

Retailers looking for white knight

Retailers Bombay & Co., Bowring & Co. and Benix & Co. are operating under court protection from creditors while their owners look for a buyer or partner to help them survive severe cash shortage and debt.

Bombay has 55 furnishings stores and Bowring has 57 housewares stores across Canada. Benix closed its final store in June. THE CANADIAN PRESS

Target Canada

New boss would like to take it slow

After a fumbled launch last year, Target Canada executives are making changes in prices and products they hope will undo the damage.

The newly appointed president for Canada, Mark Schindele, said the company was too ambitious when it launched 124 stores over a 12-month period starting in March 2013. "It was too much in too short a window."

THE CANADIAN PRESS

Market Minute

DOLLAR 91.56¢ US (-0.02¢)

TSX 15,274.23 (+12.59)

OIL $97.37 US (-$0.71)

GOLD $1,310.60 US (+$0.10)

Natural gas: $3.97 (-$0.01)
Dow Jones: 16,560.54 (-9.44)

Skip food to pay taxes?

A new study says the average Canadian family is spending more on taxes than on food, shelter and clothing combined.

The Fraser Institute study says that in 2013, the average Canadian family earned $77,381 and paid $32,369 in total taxes — or 41.8 per cent of income — compared with 36.1 per cent for food, shelter and clothing combined.

By comparison, in 1961 the average family earned about $5,000 and spent 56.5 per cent of its income on food, shelter and clothing, while $1,675 went to taxes (33.5 per cent).

The study says the total tax bill represents both visible and hidden taxes paid to the federal, provincial and local governments. This includes income taxes, payroll taxes, health taxes, sales taxes, property taxes, fuel taxes, vehicle taxes, import taxes and alcohol and tobacco taxes.

The Fraser Institute says with more money going to the government, families have less for their spending priorities, less savings for education and retirement, and for paying down debt.

THE CANADIAN PRESS

Tax pain gain

1,832%

The Fraser Institute says that since 1961, the average Canadian family's total tax bill has increased by 1,832 per cent, moving past increases in shelter costs (1,375 per cent), clothing (620 per cent) and food (546 per cent).



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ROBIN WILLIAMS: HIS LAST, TRAGIC IMPROV



JUST SAYIN'

Paul Sullivan
metronews.ca

Robin Williams was the greatest comedian who ever lived.

I don't think there's any doubt (fire) about that.

But that may be the most heartbreaking sentence I've ever written because of the "was."

Robin Williams killed himself Monday, and I would like to believe that before he did it, he went through one last funny little monologue in his head about killing yourself on a Monday.

Maybe he wove a spell of threads and ideas about Stormy Monday or how the Geldof family didn't like Mondays either or how — here's the point — Tuesday's just the same. And faced with that, he killed himself.

It's impossible to believe that, no matter how depressed or addicted or stressed or whatever he was, his magnificent, improvising mind ever failed to rise to the challenge of the material, even if it was his own death at his own hand.

I didn't know Robin Williams, but he spoke to me. He spoke to me as Mrs. Doubtfire, as Mork from Ork, as Peter Pan vs. Hook. As that ridiculous penguin in Happy Feet. He spoke to me as Oliver Sacks in Awakenings or Dr. Sean Maguire in Good Will Hunting, as Adrian Cronauer in …

Goooooooood Morning Vietnam!

He spoke to me as the raving, brilliant, preposterous standup comedian who, with Craig Ferguson as his accomplice, could spend 12 minutes wringing all the comic possibilities out of the word "chlamydia."

Even better, he could make golf funny in ways Bob Hope never imagined.

He spoke to me as the virtuoso genie from Aladdin, the high-water mark of Disney animation.

Most of all, regardless of the role, he spoke the truth. No one was more subversive than Robin Williams because he was immune to censorship.

He was too funny. He made the censors laugh.

He couldn't help himself. He'd turn up on one of those cookie-cutter late-night talk shows where everyone is all glib charm, and turn his guest spot, sandwiched between commercials, into a tour de force of the truth. Whatever the topic — sex, acting, addiction (especially his own) — he made it real. And very funny.

He couldn't help himself: No one could stop him, so he stopped himself. So in the wake of the most glorious noise, the silence is deafening.

Except for this: a scene from the 1989 movie Dead Poets Society, where Williams is John Keating, an idealistic young teacher who brings the truth of poetry to young men at an uptight boarding school. Keats is quoting Whitman: "Oh me! Oh life! Of the questions of these recurring. Of the endless trains of the faithless, of cities fill'd with the foolish. What good amid these, O me, O life? Answer. That you are here — that life exists and identity. That the powerful play goes on, and you may contribute a verse.

"What will your verse be?"

Thank you, Robin, for asking the question, even if the answer escaped your grasp.

FOR SALE



Boon Island Light Station sits in the Gulf of Maine off the coast of York.
JEREMY D'ENTREMONT/U.S. GENERAL SERVICES ADMINISTRATION/THE ASSOCIATED PRESS

Lighthouse could maybe still be yours … if you dare

The U.S. government says it will push back the closing time of an auction on New England's tallest lighthouse.

The Boon Island Light Station is up for auction until Wednesday. Ten bidders have made offers with a top bid of $41,000 US. It may be extended again.

Talk of building a lighthouse on Boon Island dates back as early as 1710 when a ship ran aground on the barren outcrop that makes up the island. The crew were forced to resort to cannibalism before being rescued.

WIKIPEDIA/THE ASSOCIATED PRESS

Island living

"Eight or nine miles out, in plain sight, Boon Island lifts its solitary shaft aloft like an 'eternal exclamation mark' to the temerity of its builders. There is no comfortable dwelling on that lonely rock, over which storms sweep unchecked. The tower is itself both house and home to the watchmen of the sea, and in great gales a prison from which there is no escape until the return of fine weather." **Samuel Adams Drake,** writing in The Pine Tree Coast, 1891

Selling points?

- **Location location location.** It is located on the tiny, inhospitable Boon Island.
- **Private.** The lighthouse is one of the most isolated stations off the Maine coast.

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MetroTube

Discover Pyongyang



ANDREW FIFIELD
andrew.fifield@metronews.ca

Toronto-born JT Singh teamed up with flow-motion videographer Rob Whitworth and tour operator Koryo Tours to provide a rather stunning look at a day in the life of Pyongyang, North Korea. Obviously, there are some extremely tight restrictions on filming in North Korea — even in the showcase capital — and the people involved in the project were dutifully watched over by guides employed by a shockingly cruel reign. But glimpses into North Korea are still very rare, especially ones so beautifully shot. (JT Singh/Vimeo)



SCREENGRAB

metro

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‘O Captain! My Captain!’

Shazbot. Remembering the wildly funny and outsized talent of Robin Williams who has us all standing on our desks



IN FOCUS
Richard Crouse
scene@metronews.ca

The first time I saw Robin Williams was on 90 Minutes Live with Peter Gzowski, a Canadian late–night talk show that aired from 1976 to 1978. Thirty five years later I can still remember the frantic burst of energy that emanated from my television late that Friday night.

Gzowski grinned as the comic careened through their chat, jumping from joke to joke, impression to impression, including Williams’s take on the world’s most intelligent child. “I find most adults very banal, but I’ll talk to you, anyway.”

“Where did you get that character from?” Gzowski asked, “Was it based on anyone?”

“Me, basically. As a kid.”

“Were you brilliant as a child?”

“Yes, and as a young man, too,” replied the impish 27-year-old.

The standup comedians I had seen on television wore suits and told one-liners. This was stream of consciousness, a wild look at a comedic mind that didn’t work the way I was accustomed to them working. For six minutes it felt like an alien had taken control of my TV, a life force like I had never seen before.

Appropriately enough, soon afterward he appeared as Mork, the E.T. from Ork, on Happy Days and his career was officially launched.

For the next 35 years, Williams was a constant on our screens, big and small. His first starring role in a movie, 1980’s Popeye, was met with critical scorn and weak box office, but Roger Ebert had praise for the star, calling William’s “perpetual squint and lopsided smile” completely convincing.

Moving from strength to strength he embarked on a remarkable run of films, earning the first of three Best Actor Oscar nods for Good Morning, Vietnam and winning an Academy Award for his work as an empathetic therapist in Good Will Hunting. A handful of Golden Globes celebrated his work in Good Morning, Vietnam, The Fisher King and Mrs. Doubtfire.

He leaves behind a diverse legacy from the laughs of The Birdcage to the drama of Awakenings to the chills of One Hour Photo, the seize-the-day uplift of Dead Poets Society and the ad-libbed brilliance of Aladdin. Every decade since that appearance on 90 Minutes Live has given us a memorable Williams performance, and he will live, on the screen at least, with three more films scheduled for release this year and next.

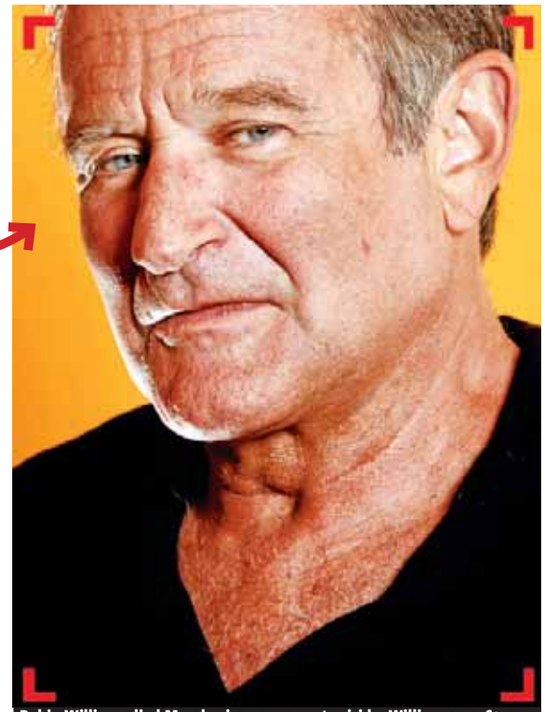
Everyone has a favourite Robin Williams character. For me its Parry, the treasure hunter in The Fisher King. It’s a funny, bittersweet performance in a movie that mixes fantasy and reality in equal doses. “I’m a knight on a special quest,” Parry says, words that could apply to Williams’s crusade to entertain in weird and wonderful ways.

AUGMENTED REALITY

→ Did you have a favourite role from Robin William’s career? Scan this photo with your Metro News app to see some of his most memorable roles!

metro AR

→ See the full instructions on Metro’s Voices page.



Robin Williams died Monday in an apparent suicide. Williams was 63.
MATT SAYLES/THE ASSOCIATED PRESS FILE

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Sly's final countdown isn't coming soon

Rocky road. Age ain't nothin' but a number for our favourite action hero, unless the Teletubbies are on TV



NED EHRBAR
Metro World News in Hollywood



Antonio Banderas and Sylvester Stallone share a laugh on the set of Expendables 3. HANDOUT

As head Expendable, Sylvester Stallone has never been one for too much humility, and given the success of his Grumpy Old Men with Guns franchise, he has no need to be. That can lead to some pretty impressive statements from Sly. Here are some of our favourites from his Expendables 3 press tour.

On whether he has considered retirement
"Why? I'm not ready to sit at home and play with Pomeranians 12 hours a day," he insists. "I'm just not ready. Remember in old Vaudeville, there was a cane that came out and snatched you off the stage? Well, I'm waiting for that. Until they just hook me off the stage, that's it."

On working with new, younger cast members
"I remember the first time I came out here. I was like these guys," Stallone ruminates. "I get on the elevator and there's Paul Newman. And you're not prepared for it. You think you're prepared for it. And then you wonder if they feel the same way about us. I'm sure they do."

On the departure of Bruce Willis from the franchise
"What happened with Bruce Willis? Well, things didn't work out and then Harrison Ford came along," Stallone explains. "It's just the way it is. It's nothing personal. It sounded like it got personal and I'm sorry it did sound that way, but it was just actors talking and things move on."

Going to the dogs

"I'm not ready to sit at home and play with Pomeranians 12 hours a day."
Sylvester Stallone on saying no to retirement

On opening opposite Sin City: a Dame to Kill For, which features Willis
"Oh, Sin City?" Stallone laughs. "I must crush you."

On aging in general
"Age is a state of 'old' mind. It gets to a point where if you get old enough you forget how old you are, and that's the best thing," he says. "You walk around, kind of like in a fog. So you really don't know how old you are until you find yourself watching The Teletubbies drunk one night and you're like, 'I'm really f—ed up.'



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Ashton nixes all-natural birth for Mila

Start prepping those Ashton Kutcher/Mila Kunis birth announcements, folks, because it looks like we're in the home stretch. "She is scheduled to be delivering in less than one month and she cannot wait," a source tells the National Enquirer. And if that's not too much information for you, how about this? "Mila was going to do an all-natural birth with no medications or sedatives, but she has been advised against this because she is such a small girl," the source adds. "Ashton will not accept this and refuses to see her in pain."



Mila Kunis ALL PHOTOS: GETTY IMAGES

The Word

Paris not as bright as the button she's pushing to rake in $347K/hr



NED EHRBAR
Metro World News in Hollywood



Are Paris Hilton's retweets a form of protest or a sign of total self-delusion? Asking for a friend. OK, here's the deal: Word spread quickly this week about how much the hotel heiress and sex-tape entrepreneur pulls down for her work as a DJ in Ibiza this summer — and she's pulling down a lot. "She's making $2.7 million from the four nights — $347,000 an hour," a source tells the Sun. "The crowds do seem to enjoy it, but most are too off their faces to care that she's simply pressed play on a Beyoncé mega-mix." Or maybe their expectations of Hilton's abilities are so low that they're actually blown away by her button-pressing abilities. But that's beside the point. As versions of this story have been popping up online, Hilton has been actively retweeting them in a seeming act of braggadocio. Here's the thing, though: She seems to be missing the point that this is not being reported as a good thing.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Emma a Stone's throw from replacing Michelle Williams in Cabaret

Emma Stone is reportedly set to take over for Michelle Williams on Broadway in Cabaret according to one of the cattiest sources ever to talk to Radar Online. "Emma is replacing Michelle in Cabaret at the end of November," the sneering secret-spiller says. "Producers are hoping it helps make them back their investment and stay open for another extension because Michelle didn't do the box office they were hoping for." Damn, girl. Anything else? Yes, actually: Apparently director Sam Mendes didn't even want Williams in the first place. "(Stone) was Sam Mendes' first choice, but had to drop out because Sony wouldn't accommodate the dates with Spider-Man 2."



Emma Stone



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There will be no Roman for disgraced Polanski

Roman Polanski has elected to sit out this week's Locarno Film Festival in Switzerland, where he was set to receive a lifetime achievement award, present his latest film and teach a master class on directing. The decision comes after Polanski's planned attendance sparked outrage from those still calling for the Chinatown director's return to the U.S. to face 40-year-old statutory rape charges. "It is with a heavy heart that I must cancel my visit," Polanski said in a statement. Festival organizers, for their part, called the protests to Polanski's inclusion "unacceptable interference of some in the artistic liberty of the festival."



Roman Polanski



Kate Upton

Kate Upton puts a Tiger in her tank, and the Yankees call dibs

Kate Upton is learning the hard way that not everyone is a fan of her new relationship with Detroit Tigers pitcher Justin Verlander — namely the New York Yankees. The self-proclaimed "really big Yankees fan" has caught plenty of flak from the team since hooking up with Verlander. "They specifically told me, the Yankees told me, 'You're not allowed to wear a Tigers hat. You're not allowed to wear any Tigers gear.' It's like a bad breakup," Upton said while sitting in as a guest host on Live with Kelly and Michael. "I'm sleeping with the enemy."

How-to

Shop for the right luggage

1. Decide if you prefer soft or hard cases.
2. Veer away from too many outer pockets, which are too tempting for handlers in shadier airports. Zippers and tags can also catch on your clothes or on other bags on the carousel.
3. Never buy the lowest-priced model. It will be the flimsiest and wear out faster.
4. You probably don't need all three sizes of the same case.
5. Only buy bags that come with a good warranty.



DOUG WALLACE/METRO HEYS INTERNATIONAL

Trend

Bye-bye room service

TIM STEWART



Full steak meals on a silver platter? Not anymore. As fewer travellers seem to care about room service (research puts the amenity at only 1 per cent of hotel revenue), more hotels are opting out. Some hotels are teaming up with nearby eateries to drum up unique ways to feed the masses, with many offering a grab-and-go service. The Hilton chain is credited with getting this ball rolling. Their Waikiki Beach location lets guests order food online or via phone app. New York's Hudson Hotel and the Public Chicago both offer interesting brown-bag options. DOUG WALLACE/METRO

Deal

2-for-1 Broadway tickets



This is so exciting you may just wet your velvet chair. Twenty-one top Broadway shows are offering 2-for-1 tickets Sept. 1 to 14 during Broadway Week. This year, new shows such as The Country House, This Is Our Youth and You Can't Take It With You will be joining award-winning productions Aladdin, Cabaret, Les Misérables and more. This half-price deal beats standing in line all afternoon at the TKTS booth when you could be shopping. On sale Aug. 18. Visit this website: www.nycgo.com/broadwayweek DOUG WALLACE/METRO

Atlantic City: Not just for gamblers anymore

City tries to woo gay tourists

As the New Jersey resort town of Atlantic City struggles to find a new identity and new sources of revenue, the city is once again wooing gay tourists with vigour.

Atlantic City is planning a series of events to attract gay tourists, who are becoming an increasingly important part of the resort's growth strategy.

"Atlantic City had its heyday with the gay population on New York Avenue," said the city's openly gay mayor Don Guardian earlier this year. "This is where you came when you wanted to have a good time. Straight people came to these places, too, because they wanted to party and dance in the hottest clubs."

But when casino gambling began in 1978, soaring land prices pushed out many small gay-owned and gay-friendly businesses.

Events aimed at the gay community this year include the StandOUT Expo, a networking event in September for the lesbian, gay, bisexual and transsexual community, and the Miss'd America Pageant, a drag spoof of the famous pageant, also in September. The mayor also dedicated a gay-friendly beach in Atlantic City at Park Place near Bally's, but says the entire city is gay-friendly.

THE ASSOCIATED PRESS



THINK ALL ATLANTIC CITY HAS TO OFFER IS A BOARDWALK AND BLACKJACK? LOOK INSIDE TO LEARN ABOUT ITS FABULOUS LINKS

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USA DiscoverAmerica.com

Las Vegas

Atlantic City takes a swing at golf tourists

Beyond casinos. Luring players to the town's links is all part of a $30-million plan to showcase all this destination has to offer



BRIAN KENDALL
canadiangolftraveller.com



Twisted Dune Golf Club boasts a great layout and is within driving distance of the city. COURTESY TWISTED DUNE GOLF CLUB

Atlantic City is doubling down on golf.

Back when casinos along the famous Boardwalk were booming, the 20 public courses on this stretch of the south New Jersey coast went almost unnoticed. But the recession and stiff competition from dozens of new casinos throughout the U.S. northeast have slashed revenues and changed the city's tourism focus.

Golf and other non-gaming attractions such as shopping, dining, concerts and amusement parks are being heavily promoted as part of a $30-million 'DO AC' campaign.

The game's local roots date to the 1887 opening of the Atlantic City Country Club, which still ranks as the area's marquee course. Native grasses and tidal marshes define a classic layout originally designed by Willie Park Jr., the British Open champion in 1887 and 1889.

Six USGA championships have been played here, but the club's real claim to fame is as the birthplace of the golf term "birdie" in 1903. Frequent celebrity visitors have included Bob Hope, boxing champion Joe Louis and Arnold Palmer, who made it his home course while serving nearby in the Coast Guard in the 1950s.

Other top layouts within an easy drive of Atlantic City include Twisted Dune Golf Club, Shore Gate Golf Club, McCullough's Emerald Golf Links, Harbor Pines Golf Club, Sand Barrens Golf Club, Running Deer Golf Club and Blue Heron Pines Golf Club.

At the Vineyards, golfers play through the grounds of Renault Winery, established in 1864 and one of the oldest wineries in the United States.

And the fairways of Seaview Golf Resort's venerable Bay Course — the host of the LPGA Tour's ShopRite Classic and where Sam Snead famously won the 1942 PGA Championship — offer views across Reeds Bay of the casino towers of a city in transition.

New Jersey Governor Chris Christie has made revitalizing Atlantic City a key priority of his administration. New parks, art installations and landscaping have been added throughout the downtown area, and the Boardwalk has been cleaned up and opened up by the casinos, some of which once tried to restrict access to the waterfront to keep customers inside.

Opened in 2012, the splashy highrise Revel Casino Hotel has dramatically altered the Atlantic City skyline. The $2.4-billion resort is home to a Las Vegas-style concert space featuring headliners such as Dionne Warwick, the Barenaked Ladies and Natalie Cole.

Gaming industry giant Golden Nugget Inc. has taken over management of the former Trump Marina Hotel Casino, pouring $150 million into renovations. And Caesars Entertainment Corp. is investing $150 million in a meeting and conference facility at its Harrah's Atlantic City location.

But perhaps the best news — apart from the new focus on golf, of course — was the return last September of the Miss America pageant after six years in archrival Las Vegas. The pageant, a local institution since 1920, is regarded as an important showcase for the recent civic improvements.

The odds on Atlantic City's recovery are looking better all the time.

For the family

Family-friendly options range from minigolf and paintball to the Atlantic City Aquarium. But a long-time local favourite is Steel Pier, an amusement park that juts into the ocean from the boardwalk and has more than 25 extreme rides. Opened in 1898, the park is undergoing a $100-million makeover.



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Open air stays for the starry-eyed



Get the full star treatment at this penthouse suite at Las Ventanas al Paraiso in Mexico / AFP

Astronomer's delight. Sleeping in the open air has never been more luxe; check out these options around the world



Tswalu Kalahari perches you high above the ground. AFP

There's no time like a vacation for taking the time to contemplate the night sky, especially with a supermoon and Perseid meteors set to be visible in some places this month. If the idea of observing the celestial bodies as you drift off to sleep sounds appealing, this selection of hotels is for you.

Tswalu Kalahari
South Africa

This private game reserve, located in the South African desert, allows nature lovers to sleep while surrounded by the sounds of the bush, all while contemplating the night sky. Guests can sleep on a luxurious terrace built high above the ground to ensure protection from the occasional wild animal. Prices start at around $500 per night. For more information: tswalu.com

Albereta, Italy

The Cabriolet suite in this hotel, a member of the prestigious Relais & Châteaux network, allows guests to sleep under the stars thanks to its retractable roof. At the push of a button by the bed, the roof can be opened and closed as desired. Prices start at around $615. For more information: albereta.it

Amangiri, USA

Located in the desert of southern Utah, this resort boasts no less than six open-roof suites. Each is shielded from the wind by three walls and provides an unmatched view on the vast desert sky. These suites also have a pool, for those who enjoy midnight swims. Prices start at around $1,500. For more information: amanresorts.com/amangiri/home.aspx

Las Ventanas al Paraíso, Mexico

Each of the penthouse suites at this luxury hotel has a wide terrace where a king-size bed has been set up. Guests can begin their evening admiring the night sky from their outdoor bed and end it in the other bed inside, or just stay on the terrace to watch the sunrise. Prices start at around $1,600. For more information: rosewoodhotels.com

Elqui Domos, Chile

A reference among astronomy enthusiasts, this small hotel park invites travellers to stay inside one of several canvas domes. Each of these unusual dwellings contains a bed under a roof that opens partially to offer a view onto the heavens.

Far from the luxury of the above destinations, the domes are simple and sparsely furnished but provide all the basics. Stargazers will also appreciate the dedicated astronomy observatories located on site. Prices start at around $150. For more information: elquidomos.cl

AFP

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Acing the social media sit-down

Ready to be recruited. Prepare for the points that are bound to be a part of this industry's interview

LAUREN MARINIGH
TalentEgg.ca

Social media is a field with a lot to offer a recent grad or new professional..

While you may already have extensive skills using different social media platforms in your personal life, don't assume you can do well in an interview just by showing up.

Every organization has different goals and expectations of their social media presence, so it's impossible to predict exactly what kinds of questions you'll encounter in an interview.

However, there are a number of common topics that are almost certain to come up when you're interviewing for a role that involves social media. Planning to discuss these areas of your experience is a great way to get your interview prep started.

Your experience with different platforms

To be the in-house expert on social media, you'll need to demonstrate extensive knowledge of common platforms — and the skills to pick up new ones as needed.

Interviewers will often ask questions that pertain specifically to one platform or another, even posing specific scenarios related to social media use.

Personal use of social media is very different from business social media use. Make sure you research and understand the strategy involved with each platform, and be prepared to apply your knowledge to the employer's questions.

Tip: Your future employer has probably checked out your social media footprint. If there are major platforms you don't use very often (or at all), make sure to indicate why — and show that you still understand their role and effective use.



Stand out from the crowd by demonstrating that you're down with the very latest happenings in the world of social media. ISTOCK

Savvy and swift

The ability to function under pressure is a key social media skill, so you'll need to be ready to produce polished work on the spot.

Your understanding of analytics

Providing concrete results matters in every role, and social media is no exception.

To show an employer that you're equipped for the job, you'll need to demonstrate that you know how to measure results, use different metrics to draw conclusions and make recommendations based on data.

When you discuss a specific situation, project or campaign that you handled in the past, don't just describe your ideas or how entertaining they were — highlight how you used data to guide your decisions and measure your success.

In your personal life, you probably don't use data to guide your social media use. In the professional world, understanding the numbers will back up that you know what you're doing.

Tip: Bring examples of campaigns or posts you have published in the past and the results they garnered (make sure to have some kind of comparison or benchmark).

Your writing skills

Some interviewers will ask you to complete an onsite writing test, or request a writing sample as part of the screening process.

The ability to function under pressure is a key social media skill, so you'll need to be ready to produce polished work on the spot.

Make a strong impression during your interview by bringing some relevant writing samples you can provide as needed. If your work has been published online, this is a great way to underscore your past experience and success.

If you don't have any published work online, starting a blog or personal website to showcase your writing is a great way to get started.

Tip: An organization's social media profiles will use specific language, phrasing and tone. Make sure you understand these features and can replicate them with ease.

Your initiative

Analyze the company's current social media presence and channels.

- Often applicants get so caught up in researching everything there is to know about the company that they forget this simple step.
- Interviewers will usually want proof you can improve their social media presence, as well as evidence of your genuine interest in the job opportunity at hand.
- Careful preparation can make the (somewhat sensitive) topic of improving their social media presence less challenging to address, and a great answer can make a significant impression

Tip: Start by pointing out things that the company is doing well, then add suggestions that would build on this success or complement their current strategy.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

Connecting with your new campus

The joy of the join. Your on-campus involvement will help you get set for success once your schooling has come to an end

LAUREN MARINIGH
TalentEgg.ca

You're only a college or university student for a few short years, then you are sent off into the wonderful world of work, work and more work.

Many students get so caught up in post-secondary education that they focus solely on classes and assignments, forgetting that this is a prime time to gain valuable experience that may help you land a job after graduation.

Why should you get involved? It's a great way to meet new people, network, and build your resumé. Here are some of the best ways to get involved on campus, wherever you are.

Check out your career centre

This is the optimal place to start. Most institutions have an on-campus career centre, which can help prepare an exceptional application, offer you job-hunt guidance and connect you with on-campus events.

Don't assume that the resources at the career centre are only for those close to graduation. There's value in connecting with the centre at every stage of your education and school-to-work transition.

Tip: A little intimidated? Make a list of some general goals you'd like your career centre to help you with. Then look for resources that match your interests.

Participate in clubs or associations

This is the best way for you to start getting involved, particularly if you're a new student (or a little reluctant to put yourself out there).

Finding a club that matches your interests or hobbies is a great way to meet new people and explore a personal passion.

Over time, you can move into a leadership role with your club, which can involve managing finances, organizing events and other activities that you can use as relevant professional experience when you're looking to land a job.

Tip: Can't find a club or group that interests you? Start your own. That's a great way to demonstrate initiative and leadership.

Join your student union

Your on-campus student union usually offers a number of ways for you to get involved. These opportunities can include part-time jobs, elected student positions and volunteer opportunities.



Many on-campus groups look for staff or volunteers early. So start your search as soon as September hits. ISTOCK

Roles in your student union often offer real responsibility — and empower you to make significant changes or improvements to existing practices, or develop entirely new projects.

This experience can be invaluable when you're preparing your resumé for the school-to-work transition.

Tip: Research where former student leaders from your school have gone after graduation. Reach out and ask them to share their insight. You'll likely find many of them used their student-union experience to land an entry-level job.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.



This recipe serves six. While the kabobs pictured here are skewered, this recipe works just as well when the meat is shaped into a "hot dog." The choice is yours. EMILY RICHARDS

On a skewer, in a bun, or dipped — it's up to you

Pack a picnic. Metro's week of helping you to dine outdoors continues with this very versatile take on Ground Beef Kabobs



DINNER EXPRESS
Emily Richards
food@metronews.ca

Enjoy a fun picnic dinner with your family by making it less fussy and more simple to put together.

Using a few basic ingredients you can take something that's old and tired, and change it up to become a new picnic favourite.

These kabobs are made with ground beef, but you can use any ground meat your family enjoys, including ground turkey, chicken, pork or veal.

If you are feeling a bit adventurous look for lean ground bison in local butchers to shake up your picnic recipe.

Get your kids to help out and shape the kabobs.

Whether they are served hot-dog style in a bun or straight up as meatballs, the best part is dipping them!

My kids like to leave the bun behind and dip in sauces or condiments you may already have.

Pick up mini potatoes, steam or boil them for about eight minutes just until they are tender, then put them on a kabob as well.

You can also roll the mixture into 24 meatballs and skewer onto small soaked wooden or metal skewers alternating with 18 grape tomatoes.

Other veggies that work well include two small zucchini, cut in chunks or 18 small gourmet button mushrooms. Either way, cook the kabobs as the recipe directs.

Kids and adults alike will love the versatility and simplicity of this recipe.

And don't forget dessert. With some fruit and perhaps a few marshmallows you can skewer up a sweet treat for the family.

Be sure to have some chocolate nearby if you want to dip into something a bit more sweet. Caramel, hot fudge or strawberry sauces will also match up perfectly.

FLASH FOOD



From your fridge to your table in 30 minutes or less

Ingredients

- 454 g (1 lb) extra lean ground beef
- 45 ml (3 tbsp) chopped fresh coriander or parsley
- 2 cloves garlic, minced
- 2 ml (1/2 tsp) ground cumin
- 5 ml (1 tsp) Worcestershire sauce
- 1 ml (1/4 tsp) freshly ground pepper
- 8 small whole wheat hot dog buns

1. In large bowl combine beef, coriander, garlic, cumin, Worcestershire sauce, and pepper until well distributed.

2. Divide mixture into 6 and shape each into about a 10-cm (4-inch) hot-dog shape. Place on foil-lined baking sheet and bake in 190 C (375 F) oven for about 15 minutes or until no longer pink inside.

3. Place in small hot dog buns and wrap up to go.

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5 Becky G Shower
4 Hedley Heaven In Our Headlights
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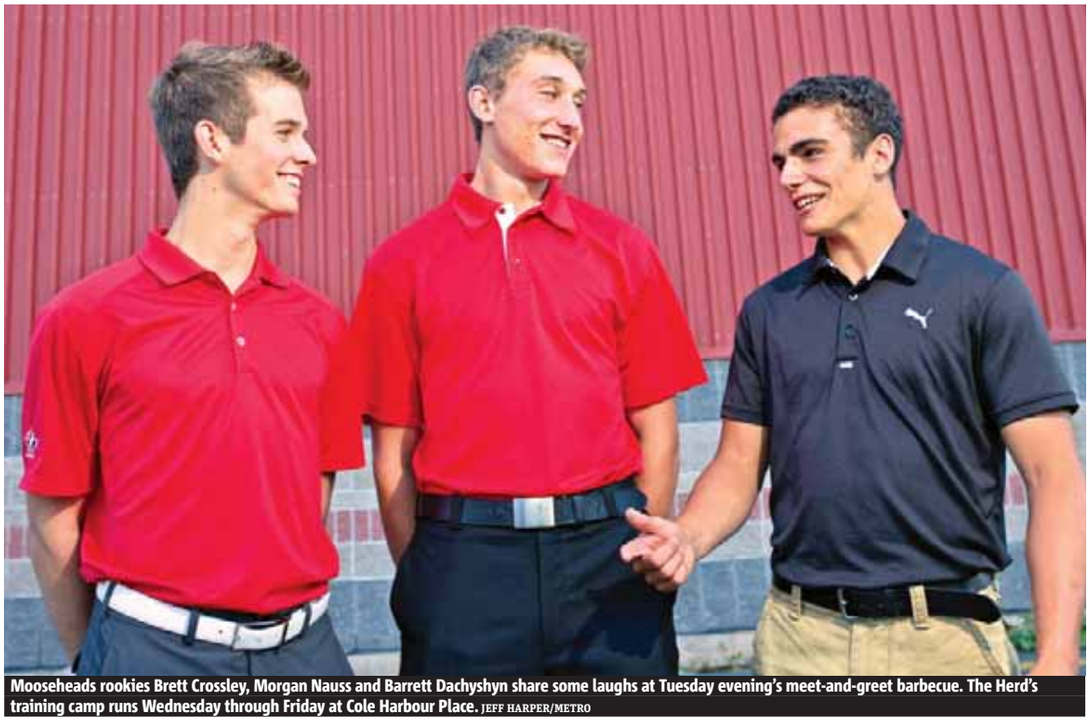
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Herd rookies are primed for major junior ice debut

QMJHL. Fresh faces full of confidence as they look to make impact with new team



KRISTEN LIPSCOMBE
kristen.lipscombe@metronews.ca



Mooseheads rookies Brett Crossley, Morgan Nauss and Barrett Dachyshyn share some laughs at Tuesday evening's meet-and-greet barbecue. The Herd's training camp runs Wednesday through Friday at Cole Harbour Place. JEFF HARPER/METRO

The rookies are ready.

Top Halifax Mooseheads prospects stopped by Cole Harbour Place on Tuesday to register for the start of training camp, with many expressing lots of excitement and a little nervousness, as well as an agreement on a simple motivational truth.

"You're here for a reason," 16-year-old Brett Crossley said of being invited to camp, which kicks off Wednesday and includes daily practices and intrasquad games through Friday.

Crossley, a six-foot, 161-pound forward, was Halifax's first pick at the 2014 QMJHL Draft, selected 21st overall in the second round.

"You've got to be confident in what you do, and believe in yourself that you can do it," he said. "Not everybody is going to bring the same components to their game, and obviously they like something that you do, or you do something special.

"So you've just got to play," he said. "Be yourself."

Morgan Nauss of Hammonds Plains, also 16, agreed every player who is stepping onto the ice this week "belongs here," adding he plans on "making an impact."

The five-foot-nine, 163-pound defenceman was taken 79th overall in the fifth round, after Mooseheads general manager Cam Russell worked out a deal to send Andrew Ryan to the Bathurst Titan.

Quoted

"You've got to be really confident coming into it, and (you've) just got to work really hard — and that's my plan." Defenceman Morgan Nauss, of Hammonds Plains

Training camp schedule

Wednesday to Friday:
- **9-9:50 a.m.** – Team Red practice
- **10-10:50 a.m.** – Team Green practice
- **4 p.m.** – Intrasquad game

Sportsplex

Saturday:
- **7 p.m.** – exhibition game, Saint John @ Halifax, Dartmouth

Sunday:
- **4 p.m.** – exhibition game, Halifax @ Cape Breton, Centre 200

"If they drafted you … they want you to be here to get a look at you," added Barrett Dachyshyn of Halifax, who despite being just 15 years old is a six-foot, 181-pound forward known for his power up front.

The Herd selected Dachyshyn late in the third round, along with American defencemen John Marino.

The rookies say they've been training hard during the off-season, all in anticipation of pulling on their red and green practice jerseys for camp on Wednesday.

Many of them worked with the same trainer throughout the summer, while both Crossley and Dachyshyn are fresh off the national under-17 development camp held at Hockey Canada's home arena in Calgary.

"That was good preparation," Crossley said. "I definitely feel ready."

NBL Canada

Schedule released for upcoming Rainmen season

The Halifax Rainmen season tips off with a road game against the Moncton Miracles on Nov. 6, with the first home game of the year set for Nov. 8 against the Island Storm.

The National Basketball League of Canada released its full 2014-15 regular-season schedule on Tuesday. Eight teams will be featured in two divisions, taking to the court for 128 games total or 32 games per team.

The Rainmen will play four straight games at the Halifax Metro Centre, soon to be the Scotiabank Centre, before heading back on the road Nov. 23.

Visit nblcanada.com and rainmenbasketball.ca for the full schedule.

METRO

Lacrosse

Nova Scotia brings home three medals from nationals

Nova Scotia's midget squad brought home the bronze medal from the A division playoffs, while both the provincial bantam and peewee teams struck gold in the B division, at the 2014 Box Lacrosse Nationals.

The event took place Aug. 4-9 in Coquitlam and Westminster, B.C. For full results, visit 2014laxnationals.com.

METRO

UFC

Welterweight bout added to Fight Night

Canadian welterweight fighter Nordine Taleb will face Li Jingliang of China in the cage as part of UFC Fight Night Halifax this fall.

The additional battle was announced Monday by the UFC with the Oct. 4 event at the Halifax Metro Centre to be headlined by top welterweight contenders Rory MacDonald of Kelowna, B.C., and Tarec Saffiedine of Belgium.

Taleb and Li both have MMA records of 9-2.

Tickets for UFC Fight Night Halifax go on sale Friday, Aug. 22, at 10 a.m, and can be purchased at ticketatlantic.com. METRO

Canada through to U-20 quarter-finals

Soccer. Janine Beckie pushes women's under-20 club past North Korea with big goal in second half

Janine Beckie scored in the 65th minute and Canada held on to defeat North Korea 1-0 on Tuesday night in Montreal and book a spot in the quarter-finals of the FIFA women's under-20 World Cup.

Canada and North Korea both finished group stage play with two wins and a loss, but Canada finished second in Group A based on goal differential and will play Group B winner Germany in a quarter-final in Edmonton on Saturday night. North Korea will face the United States in Toronto.

Local product Amandine Pierre-Louis got a big ovation from the 13,031 spectators at Olympic Stadium when she went on as a substitute in the second half and got a bigger ovation when she initiated the only goal.

Pierre-Louis slid a pass from the left flank to Nichelle Prince, who relayed the ball across the goal to an unguarded Beckie, who pushed it into the open side.

Beckie scored a second goal in as many games after getting one in a 3-2 win over Finland. Canada had lost its tournament opener 1-0 to Ghana. THE CANADIAN PRESS



Janine Beckie celebrates her winning goal for Canada against North Korea on Tuesday night in Montreal. PAUL CHIASSON/THE CANADIAN PRESS



Embrace Ronaldo's brace

Cristiano Ronaldo of Real Madrid celebrates with teammates James Rodriguez, Gareth Bale and Karim Benzema after scoring the opening goal in the 30th minute of the UEFA Super Cup between Real Madrid and Sevilla FC on Tuesday in Cardiff, Wales. Ronaldo scored again four minutes into the second half in Real Madrid's 2-1 win. Scan the image with your Metro News app for a gallery of action from around Europe. CLIVE MASON/GETTY IMAGES

Minor-league stint

Encarnacion quickly back in swing of things

With one sweet swing, Edwin Encarnacion showed the Toronto Blue Jays what they hope to be getting back soon.

After missing more than a month with a strained right quadriceps muscle, Encarnacion is close to rejoining the Blue Jays in the middle of their playoff chase. Now on a minor-league rehab stint with the triple-A Buffalo Bisons, Encarnacion is one step away, and on Tuesday night he showed evidence of his progress by hitting a first-pitch, no-doubt grand slam in the Bisons' 7-5 win.

THE CANADIAN PRESS

Jays at Mariners

Go to metronews.ca for coverage of Tuesday night's Blue Jays game against the Mariners in Seattle.

MLB

Tigers poached by Pirates

Edinson Volquez allowed two runs over six innings and the Pittsburgh Pirates jumped on the Detroit Tigers early in a 4-2 victory on Tuesday night.

Volquez (10-7) struck out five and walked two against five hits to improve to 6-1 in his last seven decisions.

The Tigers sit a half game out of first place behind the Kansas City Royals in the AL Central.

THE ASSOCIATED PRESS

CFL

Argos shoot down Blue Bombers

Ricky Ray threw four touchdown passes to lead the Toronto Argonauts past the Winnipeg Blue Bombers 38-21 on Tuesday night.

Ray finished 26-of-33 passing for 297 yards to earn Toronto (3-4) its second straight win.

THE CANADIAN PRESS

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2015 Nissan Leaf

- **Type:** Five-door, front-wheel-drive compact hatchback
- **Engine:** 80 kW AC electric motor with 24 kW Lithium-ion battery (equivalent to 107 hp)
- **Transmission:** Automatic (single-speed gear reducer)
- **Base price:** $33,788

Market position

Designed to be an EV for both early adopters and mainstream compact car buyers. Unlike its competitors, the Leaf was designed from the ground up as an EV. It is now the global leader in EV sales, with a 45-per-cent market share.

Points

- Maximum range of 135 km on a full charge
- Eight-year/160,000-km battery warranty
- Some provincial subsidies available for EV purchase
- Charge time (zero to full) takes 20 hours at 110 volts, 4 hours at 220 volts
- Drives and feels like a conventional compact



As a five-door hatchback, the Leaf is a very practical compact car.

Safety features

Six airbags, ABS, traction and stability control, tire-pressure monitoring system, anti-theft engine immobilizer, rear-view monitor, available 360-degree monitor.

DRIVE

Sowing the seeds of doubt

Review. Nissan Leaf EV may seem futuristic, but it looks, handles and is starting to sell like a regular small car

MIKE GOETZ
drive@metronews.ca

PHOTOS: MIKE GOETZ



A lot of folks, on both sides of the consumer/automaker fence, don't think this electric-vehicle thing has legs. Many automakers are sending mixed messages. Toyota has even announced that it's done selling pure EVs.

But you know what? New models keep showing up. The number of people buying and considering them is rising. And EVs remain one surefire way for automakers to achieve the very strict fuel-efficiency regulations coming down the pike in the U.S.

Net result: EVs have put down serious roots. So it's time to think of them as less of a novelty and more as just another alternative that may or may not fit your lifestyle.

When it launched the Leaf in 2011, Nissan went out of its way to make non-believers comfortable, with a modern (but not too space-shippy) exterior, and ride and handling characteristics similar to what small-car drivers expect.

Along the way, the company added a new, lower-priced base model and reduced prices across the board by $3,000. It also gave the Leaf a faster charger, which reduced 220-volt charge time to five hours from seven.

It took awhile to gain traction, but Nissan has now sold more than 125,000 Leafs around the world and is on pace to sell about 100 a month in Canada, where Quebec is the best market by far. Alberta? Not so much.

While recently testing a 2015 model, I was again reminded how normal this car feels. The only thing that separates it from similar gas-powered hatchbacks is its silent running and above-average acceleration. The electric motor offers the equivalent of 107 horsepower, but the instant and full torque of electric propulsion translates into good jump whenever you hammer the go-pedal.

Leaf drivers can even use the Internet or a smartphone to control air conditioning, set charging functions, and access data like the charge status of their rides. Like the Leaf itself, it's the future.

Compare



1 Ford Focus Electric
Base price: $34,407
Most direct competitor to the Leaf. Solid performer, but a slow seller so far.



2 Mitsubishi i-MiEV
Base price: $29,698
Least-expensive EV on the market. Comes up short here and there, but big on cute and green.



3 BMW i3
Base price: $47,768
Four-seater with more power, range (160 km) and sticker shock. Also available with a range-extender gas engine.

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Shift: From hybrids and tech to the environment


As the Model X nears production, Tesla is planning a third model.

Tesla to create an entry-level model

California automaker Tesla says it will build an entry-level model to complement its Model S and Model X electric vehicle lineup. A 2017 release date has been set. CEO Elon Musk hasn't revealed performance details, but says the Model 3 will have its own platform and will sell for about $40,000 in Canada. He expects the Model 3 to have a range of more than 300 km and perform "similar" to the current Model S.

BMW electric car a huge hit in Britain

It's official, the first-ever United Kingdom Car of the Year is ... German. The all-electric BMW i3 city car trumped the Best Supermini category, and went on to claim the title of UK Car of the Year 2014. Alternative vehicles have made a big impression on U.K. car buyers in recent years, said awards managing director John Challen, "and the i3 takes things to the next level. It might be a new direction for BMW, but the i3 successfully retains the driving characteristics from BMW's more established models." Runner-up was the Ford Fiesta ST, which won the best performance car category. A third-place tie went to the Skoda Octavia Estate and the Jaguar F-Type.

ALL STORIES AND PHOTOS FROM WHEELBASEMEDIA.COM.


The BMW i3 is UK Car of the Year. The all-electric car was lauded for maintaining the driving characteristics of traditional Bimmers.

World's fastest production electric vehicle prepares for launch

Detroit Electric, the now-international electric-vehicle manufacturer, is finalizing dynamic testing of its SP:01 pure-electric sports car at a facility in Europe, ahead of its introduction into world markets, including North America.

The maker of the lightweight, two-seat, rear-wheel-drive, open-top sports car says it will "thrill" the electric-vehicle market with its high performance and sports-car dynamics.

The latest version of the SP:01 has seen additional development work carried out by Detroit Electric's engineers and designers since a pre-production version of the vehicle was revealed at media events in Detroit and Shanghai, China, last year.

Further details of the car and of Detroit Electric's production and sales plans will be announced in the coming weeks.


The Detroit Speed SP:01 is being billed as one to "thrill" with its sports-car handing and speed.



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GT model shown

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Although some people prefer hiring a contractor, sealing your driveway is a fairly simple job to do yourself. CONTRIBUTED

Simple DIY top-up can help seal your driveway's future

Driving Force. Forget the shady contractors; a quick and easy coat of sealant can help prevent cracking and fading

JIL MCINTOSH
drive@metronews.ca

A well-kept driveway will affect the appearance and possibly even the value of your house, but asphalt doesn't last forever.

Water, salt, and leaking vehicle fluids can cause your driveway to crack, fade or soften over time.

Sealing your driveway can help prevent these problems, but many people are hesitant because they've heard horror stories about unscrupulous contractors.

"It's a preventative measure to maintain your property, the same way that you'd maintain your car or another part of your home," says Desmond Brown, a Royal LePage real estate salesperson and consultant for Canadian Tire. "When you see cracks, you have to get to them fairly quickly to stop the water from getting in."

There are several types of sealers available, most of which are an emulsion of different ingredients that can include polymers, refined coal tar, asphalt, clay, or sand. Although some people prefer having it professionally installed, it's a relatively simple do-it-yourself job.

As with any type of coating, the quality of the finished job depends on how well the surface is prepped. Use a broom to sweep away debris, and remove any weeds that have grown through the cracks. If there are stains on the asphalt, use degreaser to lift them off, and wash the driveway, preferably with a pressure washer.

The sealant will fill very shallow cracks, but deeper ones should be packed and levelled off with a crack filler. Rubberized fillers are flexible and better able to withstand stress when the driveway expands or contracts with temperature changes.

Once the driveway is prepped, the sealer can be applied, which should be done on a dry day. Tackling one section at a time, pour sealer onto the surface and then spread it evenly with a roller. Allow it to dry and cure according to the directions.

If you do get a professional to seal the surface, take the same care you would when hiring any other contractor, Brown says. This means not simply saying "yes" when someone knocks on the door and says he has some leftover sealer from a nearby job and will spread it on your driveway at a bargain price.

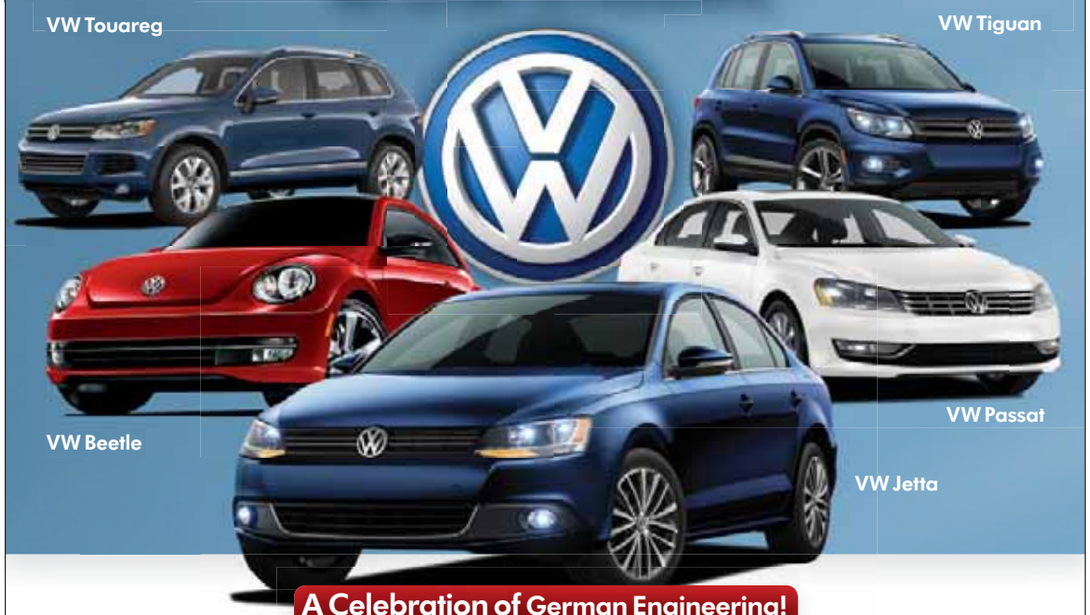
"If they're doing a job down the street, go down and look at that job," Brown says. "Look at other jobs they've done, not just recently, but a year or two back, and see how their work has held up.

"Be very cautious; you have no idea who they are. Their product may be inferior, or diluted, or they're trying to spread it as thin as possible. There are enough contractors out there who are reputable and will supply you with clients they've dealt with before you hire them."

Sealing the deal

- Concrete and interlocking brick driveways can also be sealed to help maintain them, either professionally or as a do-it-yourself job.
- Sealants and fillers can vary in quality and longevity, so be sure you know what you're buying.
- How long the sealant lasts depends on several factors, but it should be done again when the colour starts to fade, or you notice small cracks.
- If a driveway is too cracked or is crumbling, sealing won't help, and it needs to be repaved.

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Bach $599, 1BR $660, 2BR $799
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6-14 Galaxy
2BR $729
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11 Joseph Young Dr.
1BR $599-$609, 2BR $669-$679
Utilities Extra. 1 Parking incl.
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1BR $549
All utilities incl.
ONE MONTH FREE
Call 401-5715

14 Jackson
ONE MONTH FREE
1BR $549, 2BR $599
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ONE MONTH FREE
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Call 789-9982

6-16 Nivens
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2BR $769
All Utilities incl.
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85-133 Pinecrest Dr.
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Call 402-4161

123 Pinecrest
Bach $529, 1BR $629
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Cat Friendly
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19-32 Primrose
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Heat & Hot Water incl.
Call 401-2735

28, 30 & 44 Primrose
2BR $659
Heat & Parking incl.
Call 440-3884

36-36A, 60, 65 & 81 Primrose
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Heat & Hot Water incl.
Call 402-2915

384.5 Portland
2BR $699
Call 402-1518

237 Roleika Dr.
2BR $689
Heat, Hot Water, Pking incl.
Cat Friendly
Call 401-8312

12 Trinity Ave.
1BR $589
Heat & Hot Water incl.
ONE MONTH FREE
Call 402-0621

38 Trinity
1BR $629
Heat, Hot Water, Pking incl.
Cat Friendly
Call 402-0621

490 Wiley
Bach $579, 1BR $629, 2BR $709
Heat, Hot Water, Pking incl.
Cat Friendly
Call 791-0232

HALIFAX

1 & 11 Drysdale Rd.
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Heat & Hot Water included
Call 830-1038

451-540 Herring Cove Rd.
1BR $599, 2BR $699, 3BR $799
Heat & Hot Water incl.
ONE MONTH FREE
Call 401-1835

44 River Rd. & 5 Forbes St.
2BR $679
Heat & Hot Water incl.
ONE MONTH FREE
Call 401-1835

22-40 River Rd.
1BR $549
Heat & Hot Water included
Call 830-1038

550 & 611 Herring Cove
1BR starting at $539, 2BR $599
Heat, Hot Water, Pking incl.
Cat Friendly
Call 401-1835

AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.

metro AR

→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries
March 21 - April 20
When talking with others today steer clear of emotional and controversial topics. The more people get worked up about what they believe, the more you should keep your distance.

♉ Taurus
April 21 - May 21
If you find yourself torn between loved ones and work today the best thing to do is to make a decision and stick to it. You can't please everyone.

♊ Gemini
May 22 - June 21
The planets will help you make the break you have been dreaming of, the effort must come from you. If you don't make that move now, when will you make it?

♋ Cancer
June 22 - July 23
You may lose your temper with someone who lets you down and they deserve it. Don't feel guilty if you go over the top because that seems to be the only language they understand.

♌ Leo
July 24 - Aug. 23
Disruption is likely but the good news is you'll have the energy you need to deal with it. Stop feeling sorry for yourself and start making things happen.

♍ Virgo
Aug. 24 - Sept. 23
Don't worry if you fall out with someone, because you'll be friends again before you know it. Everything seems more important than it actually is.

♎ Libra
Sept. 24 - Oct. 23
You are unlikely to be tactful with people whose views and opinions you disagree with but that's OK because you are as entitled to your viewpoint as they are to theirs.

♏ Scorpio
Oct. 24 - Nov. 22
You have a rep for keeping your head in difficult situations and it's a reputation that will be called on today. Whatever it is that excites other people, it won't move you in the slightest.

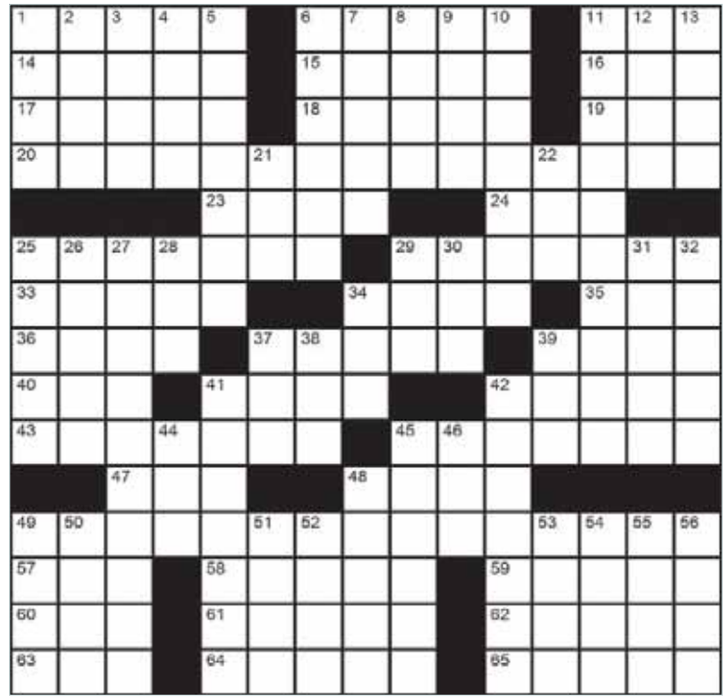
♐ Sagittarius
Nov. 23 - Dec. 21
A crisis has almost reached breaking point and what happens today and tomorrow will take it over the top. If a relationship is on the slide don't waste time trying to save it.

♑ Capricorn
Dec. 22 - Jan. 20
You will clash with someone over money today. Your instinct will be to fight to get back what is yours but after a while you may come to the conclusion that it's not worth the effort.

♒ Aquarius
Jan. 21 - Feb. 19
Others may be rushing around but you don't have to follow their lead. It's meaningless activity, designed to make lazy people look busy. Stay focused.

♓ Pisces
Feb. 20 - March 20
Some things are worth fighting about, others aren't. Over the next few days get serious about where you draw the line.

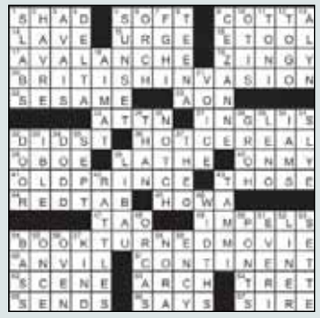
Crossword: Canada Across and Down by Kelly Ann Buchanan



Across
1. "Shopgirl" (2005) director, __ Tucker
6. Potpourri piece
11. 'Inc.' cousin
14. Canadian band, with Blue
15. Oft-quoted phrase
16. "Just as I thought!"
17. "The _ __" by Ed Sheeran
18. Mature, as a mango
19. Besmirch
20. Feminist icon whose activism resulted in Quebec women getting the right to vote in 1940: 2 wds.
23. Isn't able
24. Post-op locale
25. Miss Universe Canada, for one
29. "Do you __ __ tell the truth..."
33. More maladied
34. Pump points
35. James __ (Smashing Pumpkins co-founder)
36. Fibber
37. Nautical "Stop!"
39. Poker 'bullets'
40. Washboard muscles, commonly
41. Wild goat
42. Nero's 1008
43. __ stockings
45. Rapacious seabirds
47. 'Horri' or 'Terri' suffix
48. __-_-tat-tat
49. Product by #48-Down: 3 wds.
57. Simon & Garfunkel
58. __ Baggins (The Hobbit character)
59. Outlandish
60. "The Wonder Years" actress, Olivia d'__
61. "I'm a Believer" part: "What's the __ __ trying..."
62. Salary increase
63. Sea: French
64. Mr. Penn
65. Show ticket, informally

Down
1. "I smell _ __!" (Something's fishy!)
2. Actor, Chris __
3. "Zip-_-__-Doo-Dah"
4. So __, yet so far away
5. VIA Rail seating area with fantastic views: 2 wds.
6. Nanny needer
7. Proclamation
8. Spanish appetizer
9. Musical, Rock of __
10. Vanessa __, Montreal-born actress
11. __ __ National Park, in the Laurentians, in Quebec
12. Noodle dish, Pad __
13. "Oh, __ it!"
21. Diego's partner
22. TV brand
25. Rice dish
26. Suspect's story
27. The Glacier Skywalk observation platform in Jasper National Park has a what?: 2 wds.
28. 'Pamphlet' suffix
29. Emergency message
30. Soaking
31. Our opposite
32. Noel and Liam's band
34. Sales __
37. Mr. Vigoda
38. Verify
39. Standard stat.
41. "Drive" band from Calabasas, California
42. Ontario: Georgian Bay municipality
44. Trendy
45. Mr. Bateman's
46. Took in
48. __ Hood (Canadian baking brand, since 1909)
49. "__-12" (Vintage TV show)
50. Car mechanic's job
51. Get up
52. Entreaty
53. Lei-wearer's party
54. Ear-related
55. Bear in Space
56. Jackie Wilson's "__ Petite"

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

	3			8			6	
		2	1		9	3		
6								4
3		9				5		6
			3		1			
4		8				7		2
9								1
		4	8		3	6		
	5			2			8	

Yesterday's Sudoku

6	5	1	9	4	8	2	7	3
3	8	4	7	2	1	9	5	6
9	2	7	5	3	6	1	8	4
2	9	6	3	7	4	5	1	8
5	4	8	1	6	2	3	9	7
7	1	3	8	5	9	4	6	2
1	6	9	2	8	3	7	4	5
8	3	5	4	1	7	6	2	9
4	7	2	6	9	5	8	3	1

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